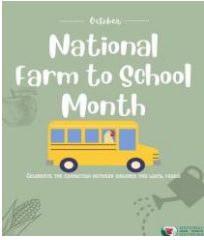


SHARON SPRINGS CENTRAL SCHOOL! OCTOBER, 2026 LUNCH MENU

ITS NATIONAI FARM TO SCHOOL MONTH, YAY!!

Available Daily: Fruit & Yogurt Parfait, Chicken Salad, WW PBJ Lunchables & Milk

 THANK YOU PARSONS VEGETABLE STAND	 THANK YOU STONE HOUSE FARM	 THANK YOU COLD SPRINGS FARMS	1. Hamburger/WW Bun OR BBQ Chicken/WW Bun Smiley Fries Seasoned Carrots  THANK YOU WEST CREEK FARM	2. WG Homemade or WG Personal Pan Pizzas, Topped with your choice of Cheese or Pepperoni Crispy Garden Salad With local fresh produce Fresh Local Apples THANK YOU TERRACE MOUNTAIN
5. <i>Spartan Chicken Bowl</i> WG Popcorn Chicken Mashed Potatoes LS Gravy Fresh Corn, Cut Off the Cob	6. WW Grilled Cheese OR WW BLT w/ Local Fresh Tomatoes LS Tomato Soup Green Beans	7. WG Breaded Chicken Tenders Crispy Tatar Tots and Steamed Local Broccoli	8. DELI DAY WW Ham & Cheese, WW Turkey & Cheese, WW Egg Salad or WW PBJ Chicken Noddle Soup Baked Chips Veggie Sticks	9. SCHOOL CLOSED FOR A CONFERENCE DAY! 
12. SCHOOL CLOSED 	13. WW Soft Shell Beef Taco's or Hot Wing Chicken on WG Chips Lettuce, Cheese, Salsa, Refried Beans and Fresh Corn, Cut off the Cob	14. WG Popcorn Chicken OR <i>Orange Glazed Popcorn Chicken</i> Herbed Rice Steamed Local Broccoli	15. WG Mac & Cheese w/ Hotdog/WW Bun Baked Beans 	16. WG Homemade or WG Personal Pan Pizzas, Topped with your choice of Cheese or Pepperoni Crispy Garden Salad With local fresh produce Fresh Local Apples
19. WG Chicken Nuggets Herbed Rice Seasoned Carrots	20. WW Grilled Cheese OR WW BLT Fresh Local Tomatoes LS Tomato Soup Green Beans	21. WG Spaghetti & Meatballs OR Meatball Sub WW Garlic Bread Stick Fresh Local Brussel Sprouts	22. WG Chicken Patty/WW Bun Mashed Potato Steamed Broccoli	23. WG Homemade or WG Personal Pan Pizzas, Topped with your choice of Cheese or Pepperoni Crispy Garden Salad With local fresh produce Fresh Local Apples
26. Sweet n Sour Popcorn Chicken OR Plain Popcorn Chicken Herbed Rice Steamed Green Beans	27. WW Soft Shell Beef Taco's or Sloppy Taco's (Sloppy Joe on WG Chips) Lettuce, Cheese, Salsa, Refried Beans and Fresh Corn, Cut off the Cob! 	28. BRUNCH FOR LUNCH WG French Toast Sticks w/ Sausage OR WW Breakfast Sandwich Crispy Tatar Tots Fresh Veggie Sticks Local Pure Maple Syrup 	29. Chicken Biscuit & Gravy OR Corn Dog Mashed Potato Flavored Carrots Cranberry Sauce	30. Jack-O' Lantern Personal Pan WG Pizzas Topped w/ Spooky Pepperoni Frankenstein Trees Mini Pumpkin Fruit's & Mummies Milk

Menu subject to change

OCTOBER, 2026 BREAKFAST MENU

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
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K-5 Breakfast in the classroom

WG Mini Pancakes Fruit, Juice & Milk	WW Chocolate Chip Muffins Fruit, Juice & Milk	WG Pull Apart Bagels (Week 1) & Flavored Breads (Week 2) (meaning: every other week rotation) Fruit, Juice & Milk	WW Chocolate Chip Muffin Fruit, Juice & Milk	WG French Toast Sticks (WW Cinnamon Bun on the last Friday of every month) Fruit, Juice & Milk
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6-12 Grab & Go from the cafeteria

WG Bagel/Cream Cheese OR WW Breakfast Sandwich OR WG Mini Pancakes Fruit, Juice & Milk	WG Bagel/Cream Cheese OR WW Chocolate Chip Muffin Fruit, Juice & Milk	WG Bagel/Cream Cheese OR WW Breakfast Sandwich OR WG Pull Apart Bagels Fruit, Juice & Milk	WG Bagel/Cream Cheese OR WW Chocolate Chip Muffin Fruit, Juice & Milk	WG Bagel/Cream Cheese OR WG French Toast Sticks (WG Cinnamon Rolls Every other week) Fruit, Juice & Milk
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