





SEPTEMBER, 2025
LUNCH MENU

<p>1.</p>  <p>Don't PAC a lunch MAN Everyone eats for free</p> 	<p>2.</p>  <p>Reminder</p> <p>Choose no less than 3 out of the 5 food components and REMEMBER... one of those HAS to be a fruit and or vegetable to eat for FREE 😊</p>	<p>3.</p> <p>DAILY CHOICES ALL YEAR ROUND...</p> <p>*Grilled Chicken Salad</p> <p>*Fruit & Yogurt Parfait</p> <p>*PB&J & *Water</p>	<p>4.</p> <p>WG Chicken Patty WW Bun</p> <p>Rice Pilaf</p> <p>Broccoli</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>5.</p> <p>Hamburger/WW Bun OR Hotdog/WW Bun</p> <p>Bagged Chips</p> <p>Pasta Salad with Veggies</p> <p>Watermelon</p> <p>LF Milk Choices</p> 
<p>8.</p> <p>WW Grilled Cheese Tomato Soup</p> <p>Chicken BLT on WW</p> <p>Green Beans</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>9.</p> <p>WG Popcorn Chicken Mashed Potatoes</p> <p>Chicken Gravy</p> <p>Corn</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>10.</p> <p>Hamburger WW Bun</p> <p>Cheese Slice</p> <p>Tatar Tots</p> <p>Baked Beans</p> <p>Pickles</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>11.</p> <p>WG Macaroni & Cheese</p> <p>Riblet</p> <p>Broccoli</p> <p>Carrots</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>12.</p> <p>Assorted WG Pizza</p> <p>Assorted WW Sandwiches</p> <p>Assorted Fruit</p> <p>Garden Salad with Lite Ranch</p> <p>LF Milk Choices</p>
<p>15.</p> <p>Oven Baked WG Ziti WW Garlic Bread Stick</p> <p>Charcuterie Plate</p> <p>Green Beans</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>16.</p> <p>WW Wrap</p> <p>Seasoned Beef</p> <p>Black Bean Salsa</p> <p>Chicken Bacon Ranch</p> <p>WW Wrap</p> <p>Refried Beans</p> <p>Corn</p> <p>Assorted Fruit</p> <p>LF Milk Choice</p>	<p>17.</p> <p>WG French Toast Sticks</p> <p>Sausage Patty</p> <p>WG Pancake Breakfast</p> <p>Sandwich</p> <p>Fresh Veggie Sticks</p> <p>Broccoli</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>18.</p> <p>WG Chicken Tenders</p> <p>Potato Wedges</p> <p>Baked Beans</p> <p>Carrots</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>19.</p> <p>Assorted WG Pizza</p> <p>Assorted WW Sandwiches</p> <p>Assorted Fruit</p> <p>Garden Salad with Lite Ranch</p> <p>LF Milk Choice</p>
<p>22.</p> <p>Grilled Cheese Tomato Soup</p> <p>Chicken BLT</p> <p>Green Beans</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>23.</p> <p>WG Chicken Patty WW Bun</p> <p>Rice Pilaf</p> <p>Broccoli</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>24.</p> <p>Chicken Nuggets</p> <p>Scalloped Potatoes</p> <p>Garlic Bread Stick</p> <p>Corn</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>25.</p> <p>Hot Turkey & Gravy Sandwich</p> <p>Mashed Potatoes</p> <p>Hotdog</p> <p>WW Bun</p> <p>Flavored Carrots</p> <p>Baked Beans</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>26.</p> <p>WG Pizza</p> <p>Assorted Sandwiches</p> <p>Assorted Fruit</p> <p>Garden Salad with Lite Ranch</p> <p>LF Milk Choices</p>
<p>29.</p> <p>Oven Baked Chicken</p> <p>Baked Potato</p> <p>Sour Cream</p> <p>PBJ Uncrustable</p> <p>Flavored Carrots</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>	<p>30.</p> <p>WW Wrap</p> <p>Seasoned Beef</p> <p>Black Bean Salsa</p> <p>Chicken Bacon Ranch</p> <p>WW Wrap</p> <p>Refried Beans</p> <p>Corn</p> <p>Assorted Fruit</p> <p>LF Milk Choices</p>			

WELCOME BACK!