



**Sharon Springs Central School
March, 2023 Breakfast & Lunch Menu**

Available Daily: Grilled Chicken Salad, Fruit & Yogurt Parfait, PBJ with yogurt, Water, Assorted Fruit & Low-Fat Milks!

	<p align="center">**FEBRUARY 28 CHANGE**</p> <p align="center">Hotdog/WW Bun</p> <p align="center">Mashed Potatoes</p> <p align="center">Baked Beans</p>	<p align="center">1. Oven Baked Chicken</p> <p align="center">Baked Potato WW Dinner Roll Flavored Carrots</p>	<p align="center">2. Beef Taco OR <i>Hot Wing Nacho's</i></p> <p align="center">Lettuce Cheese Black Bean Salsa Corn Refried Beans</p>	<p align="center">3. WW Homemade or WG Stuffed Crust Cheese or Pepperoni Pizza</p> <p align="center">Garden Salad LF Dressing Locally Grown Apples</p>
<p align="center">6.. Macaroni & Cheese OR Beefy Mac & Cheese</p> <p align="center">Dinner Roll Flavored Carrots</p>	<p align="center">7. WG Popcorn Chicken OR WG Popcorn Chicken Bowl</p> <p align="center">Mashed Potatoes Corn LS Gravy Broccoli</p>	<p align="center">8. WW Grilled Cheese</p> <p align="center">Tomato Soup Carrot & Celery Sticks Green Beans</p>	<p align="center">9. Beef Taco OR <i>BBQ Pork Nacho's with Ranch and Slaw</i></p> <p align="center">Lettuce Cheese Black Bean Salsa Refried Beans Corn</p>	<p align="center">10. WW Homemade or WG Stuffed Crust Cheese or Pepperoni Pizza</p> <p align="center">Garden Salad LF Dressing Locally Grown Apples</p>
<p align="center">13. Chicken Patty/WW Bun</p> <p align="center">Tatar Tots Broccoli</p>	<p align="center">14. Sloppy Joe/WW Bun OR Riblet/WW Bun</p> <p align="center">Mashed Potatoes Seasoned Carrots</p>	<p align="center">15. WG Spaghetti w/ Meatballs OR Meatball Sub</p> <p align="center">WW Garlic Bread Green Beans</p>	<p align="center">16. Beef or Chicken Taco</p> <p align="center">Lettuce Cheese Black Bean Salsa Corn Refried Beans</p>	<p align="center">17. Teachers' Conference Day</p> <p align="center">NO SCHOOL</p> 
<p align="center">20. Hamburger/WW Bun</p> <p align="center">Smiley Fries Cheese Slice Pickles Green Beans</p>	<p align="center">21. BREAKFAST FOR LUNCH French Toast Sticks OR Flavored Waffles</p> <p align="center">Sausage Patty Tatar Tots Fresh Veggie Sticks</p>	<p align="center">22. Chicken Tenders</p> <p align="center">Rice Pilaf Broccoli Dinner Roll</p>	<p align="center">23. Beef Taco OR <i>Hot Wing Nacho's</i></p> <p align="center">Lettuce Cheese Black Bean Salsa Corn Refried Beans</p>	<p align="center">24. WW Homemade or WG Stuffed Crust Cheese or Pepperoni Pizza</p> <p align="center">Garden Salad LF Dressing Locally Grown Apples</p>
<p align="center">27. Chicken Patty/WW Bun</p> <p align="center">Herbed Rice WW Dinner Roll Broccoli</p>	<p align="center">28. Oven Baked Chicken</p> <p align="center">Baked Potato WW Dinner Roll Flavored Carrots Baked Beans</p>	<p align="center">29. WW Grilled Cheese</p> <p align="center">Tomato Soup Carrot & Celery Sticks Green Beans</p>	<p align="center">30. Beef Taco OR <i>BBQ Pork Nacho's with Ranch and Slaw</i></p> <p align="center">Lettuce Cheese Black Bean Salsa Corn Refried Beans</p>	<p align="center">31. WW Homemade or WG Stuffed Crust Cheese or Pepperoni Pizza</p> <p align="center">Garden Salad LF Dressing Locally Grown Apples</p>

K-5 BREAKFAST IN THE CLASSROOM

<p align="center">Every Monday</p> <p align="center">WG Bagel/Cream Cheese Fruit Juice Milk</p>	<p align="center">Every Tuesday</p> <p align="center">WW Chocolate Chip Muffin Fruit Juice Milk</p>	<p align="center">Every Wednesday</p> <p align="center">WG Flavored Pancakes or WG Waffles Fruit Juice Milk</p>	<p align="center">Every Thursday</p> <p align="center">WW Chocolate Chip Muffin Fruit Juice Milk</p>	<p align="center">Every Friday</p> <p align="center">Wg Donut Fruit Juice Milk</p>
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6-12 GRAB & GO BREAKFAST

<p align="center">Every Monday</p> <p align="center">WG Cereal OR WW Breakfast Sandwich OR WG Bagel/Cream Cheese Fruit Juice & Milk</p>	<p align="center">Every Tuesday</p> <p align="center">WG Cereal OR WW Chocolate Chip Muffin OR WG Bagel/Cream Cheese Fruit Juice & Milk</p>	<p align="center">Every Wednesday</p> <p align="center">WG Cereal OR WW Breakfast Sandwich OR WG Bagel/Cream Cheese Fruit Juice Milk</p>	<p align="center">Every Thursday</p> <p align="center">WG Cereal OR WW Chocolate Chip Muffins OR WG Bagel/Cream Cheese Fruit Juice Milk</p>	<p align="center">Every Friday</p> <p align="center">WG Cereal OR WW Donut OR WG Bagel/Cream Cheese Fruit Juice Milk</p>
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ALL MENUS SUBJECT TO CHANGE