

**UPK & HEADSTART  
SHARON SPRINGS CSD CENTER/JANUARY 2019 LUNCH MENU  
AVAILABLE DAILY: WATER  
MEAL TIME: 10:45**

			<p align="center">3. Burger/WW Bun Herb Enhanced Rice Seasoned Carrots Romaine &amp; Tomato Slices Assorted Fruit 1% Milk</p>	<p align="center">4. Stuffed Crust Pizza Romaine Spinach Garden Salad LF Dressings <b>Locally Grown Apples</b> <b>1% Milk</b></p>
<p align="center">7. Popcorn Chicken Mashed Potatoes Green Beans Assorted Fruit 1% Milk</p>	<p align="center">8. Beef Taco Lettuce Cheese Tomato Black Bean Salsa Kernel Corn Refried Beans Assorted Fruit 1% Milk</p>	<p align="center">9. BBQ Riblet Scalloped Potato Steamed Broccoli Assorted Fruit 1% Milk</p>	<p align="center">10. Chicken Nuggets Crispy Tots Seasoned Carrots Assorted Fruit 1% Milk</p>	<p align="center">11. Stuffed Crust Pizza Romaine Spinach Garden Salad LF Dressings <b>Locally Grown Apples</b> <b>1% Milk</b></p>
<p align="center">14. Mac &amp; Cheese Green Beans Assorted Fruit 1% Milk</p>	<p align="center">15. <b>Head Start:</b> Pizza Romaine Garden Salad LF Dressing <b>UPK:</b> Grilled Cheese Tomato Soup Kernel Corn  Assorted Fruit, 1% Milk</p>	<p align="center">16. Chicken Patty/WW Bun Crispy Tots Steamed Broccoli Assorted Fruit &amp; 1% Milk</p> 	<p align="center">17. Burger/WW Bun Herb Enhanced Rice Seasoned Carrots Romaine &amp; Tomato Slices Assorted Fruit, 1% Milk</p>	<p align="center">18. Stuffed Crust Pizza Romaine Spinach Garden Salad LF Dressings <b>Locally Grown Apples</b> <b>Assorted Fruit, 1% Milk</b></p>
<p align="center">21. SCHOOL CLOSED  MARTIN LUTHER KING DAY</p>	<p align="center">22. Beef Taco Lettuce Cheese Tomato Black Bean Salsa Kernel Corn Refried Beans Assorted Fruit 1% Milk</p>	<p align="center">23. <b>Pancakes</b> <b>Sausage Patty</b> <b>Juice Cup</b> <b>Fresh Veggie Sticks</b> <b>Assorted Fruit</b> <b>1% Milk</b></p>	<p align="center">24. Chicken Biscuit &amp; Gravy Mashed Potatoes Cranberry Sauce Seasoned Carrots Assorted Fruit 1% Milk</p>	<p align="center">25. Stuffed Crust Pizza Romaine Spinach Garden Salad LF Dressings <b>Locally Grown Apples</b> <b>1% Milk</b></p>
<p align="center">28. Grilled Cheese Tomato Soup Green Beans Assorted Fruit 1% Milk</p> 	<p align="center">29. <b>Head Start:</b> Pizza Romaine Garden Salad LF Dressing <b>UPK:</b> Grilled Cheese Tomato Soup Kernel Corn  Assorted Fruit, 1% Milk</p>	<p align="center">30. Chicken Nuggets Crispy Tots Steamed Broccoli Assorted Fruit 1% Milk</p> 	<p align="center">31. Open Face Hot Turkey Sandwich Cranberry Sauce Seasoned Carrots Assorted Fruit 1% Milk</p>	

**MENU SUBJECT TO CHANGE**

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